

Barkley and Murphy (2007) Symptom Checklist

Name :			
Date:			
Please answer the questions below, rating yourself on each of the criteria shown using the scale on the right side of the page. As you answer each question, place an X in the box that best describes how you have felt and conducted yourself over the past 6 months.	Never	Some Times	Very Often
I make decisions impulsively			
I have difficulty stopping my activities or behavior when I should do so			
I start a project or task without reading or listening to directions carefully			
I have poor follow-through on promises or commitments I may make to others			
I have trouble doing things in their proper order or sequence			
I am more likely to drive a motor vehicle much faster than others (excessive speeding)			
I am prone to daydreaming when I should be concentrating on something			
I have trouble planning ahead or preparing for upcoming events			
I can't seem to persist at things I do not find interesting			